

# Edinburg C.I.S.D. Child Nutrition Department

## Elementary Breakfast & Lunch Menu

### December 2017

### Grades K-5



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1 Toaster Pastry Choc. Fudge Flavor	
Turkey Ham & Cheese Sandwich and Chef Salads are offered on daily basis		Breakfast is served with 100% fruit juices & variety of fresh fruits  Breakfast & Lunch include choice of 1% or skim milk						Clux Delux Chicken Burger <i>mustard, mayo, ketchup</i> Seasoned Potato Wedges Fresh Baby Carrots w/ranch dressing	
4 Asst. Cereal Bowl		5 Mini Pancakes Maple Burst		6 WW Empanada		7 Biscuit with Pork Sausage Patty		8 Banana Muffin	
Tangy Lemon Chicken w/Steamed Rice & Veg. Dill Seasoned Carrots Oriental Mixed Vegetables Fortune Cookie		Clux Delux Sweet Glazed Chicken Chunks WG Dinner Roll, 1 oz. Garlic Red Potatoes Malibu Vegetables		Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Strawberry Fruit Smoothie		Cheese Enchiladas with Meat Sauce Spanish Rice Seasoned Pinto Beans Romaine & Diced Tomato Salad w/ranch dressing		Pepperoni Pizza <i>parmesan cheese (opt)</i> Steamed Broccoli w/cheese sauce Fresh Baby Carrots w/ranch dressing	
11 Cinnamon Swirl Breakfast Bun		12 Power Up Breakfast Sandwich		13 WW Conchas		14 Beef Tamales		15 Rainbow Raspberry Yogurt & Chewy Granola Bar	
Breaded Beef Fingers w/country gravy Garlic Toast Potato Smiles Mixed Vegetables		Carne Guisada with Corn Tortillas Homemade Fideo Seasoned Pinto Beans Romaine & Diced Tomato Salad w/ranch dressing		Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Mango Fruit Smoothie		Turkey w/Gravy WG Dinner Roll, 1 oz. Cornbread Stuffing Mashed Potatoes Cinnamon Glazed Carrots Candy Cane Ice Cream Cup		Turkey Ham & Cheese on Hoagie Bun <i>mustard, mayo</i> Romaine Burger Salad Fresh Baby Carrots w/ranch RF Dorito Chips	
18 Blueberry Muffin		19 Pepperoni & Cheese Pizza Stick		20 Mini French Toast Berry Flavor		21 Biscuit w/Breaded Chicken Patty		22 Breakfast Easy Meal Break	
Clux Delux Chicken Chunks w/BBQ Sauce Homemade Mac. & Cheese Steamed Broccoli Asst. Fruit		Spaghetti w/Meat Sauce & HM Spaghetti Sauce Cheese Filled Breadstick Italian Mixed Vegetables Romaine & Cherry Tomato Salad w/ranch dressing		Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Strawberry Fruit Smoothie		Chicken & Cheese Quesadilla Homemade Fideo Seasoned Pinto Beans Romaine & Diced Tomato Salad w/ranch dressing		Pizza Cheese Crunchers w/Marinara Sauce Edamame & Corn Veg. Blend Fresh Baby Carrots w/ranch dressing	
25		26		27		28		29	

Christmas Holiday Break  
December 25 - January 8

Lunch menus are analyzed for caloric and fat content. Menus should not be used to treat or diagnose a medical condition. Menus are subject to change due to product availability.

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