

Edinburg C.I.S.D. Child Nutrition Department

Middle School Breakfast & Lunch Menu

December 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Turkey Ham & Cheese Sandwich and Chef Salads are offered on daily basis	Breakfast is served with 100% fruit juices & variety of fresh fruits Breakfast & Lunch include choice of 1% or skim milk			Homemade Grilled Cheese Sandwich Clux Delux Chicken Burger OR Spicy Breaded Chicken Burger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Fresh Baby Carrots w/ranch
4	5	6	7	8
Creamy Oatmeal & Cinn. Griptz Grahams	Mini Pancakes Maple Burst	Kolache	Biscuit w/Pork Sausage Patty	Banana Muffin
Tangy Lemon Chicken w/Steamed Rice & Veg. Oriental Mixed Vegetables Dill Seasoned Carrots Fortune Cookie	Clux Delux Sweet Glazed Chicken Chunks WG Dinner Roll, 1 oz. Garlic Red Potatoes Malibu Vegetables	Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Strawberry Fruit Smoothie	Cheese Enchiladas with Meat Sauce Spanish Rice Seasoned Pinto Beans Romaine & Diced Tomato Salad w/ranch dressing	Pepperoni Pizza <i>parmesan cheese (opt)</i> Steamed Broccoli w/cheese sauce Fresh Baby Carrots w/ranch dressing
11	12	13	14	15
Cinnamon Swirl Breakfast Bun	Power Up Breakfast Sandwich	WW Conchas	Beef Tamales	Greek Yogurt & Chewy Granola Bar
Breaded Beef Fingers w/country gravy Garlic Toast Quick Baked Potato Mixed Vegetables	Carne Guisada with Corn Tortillas Homemade Fideo Seasoned Pinto Beans Romaine & Diced Tomato Salad w/ranch dressing	Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Mango Fruit Smoothie	Turkey w/gravy Cornbread Stuffing WG Dinner Roll, 1 oz. Mashed Potatoes Cinnamon Glazed Carrots Candy Cane Ice Cream Cup	Turkey Ham & Cheese Hoagie Bun <i>mustard, mayo</i> Romaine Burger Salad Fresh Baby Carrots w/ranch RF Dorito Chips
18	19	20	21	22
Blueberry Muffin	Pepperoni & Cheese Pizza Stick	French Toast Sticks w/syrup	Biscuit w/Breaded Chicken Patty	Breakfast Easy Meal Break
Clux Delux Chicken Chunks w/BBQ Sauce Homemade Mac. & Cheese Steamed Broccoli w/cheese sauce Dill Seasoned Carrots	Spaghetti w/Meat Sauce & HM Spaghetti Sauce Cheese Filled Breadstick Italian Mixed Vegetables Romaine & Cherry Tomato Salad w/ranch dressing	Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Strawberry Fruit Smoothie	Chicken & Cheese Quesadillas Homemade Fideo Beans a la Charra Golden Corn	Pizza Cheese Crunchers w/Marinara Sauce Garlic Toast Edamame & Corn Veg. Blend Fresh Baby Carrots w/ranch dressing
25	26	27	28	29
<h2 style="margin: 0;">Christmas Holiday Break</h2> <h3 style="margin: 0;">December 25 - January 8</h3>				

Lunch menus are analyzed for caloric and fat content. Menus should not be used to treat or diagnose a medical condition. Menus are subject to change due to product availability.

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