



Edinburg C.I.S.D. Child Nutrition Department

Elementary Breakfast & Lunch Menu

November 2017 Grades K-5th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 WW Spiced Bread	2 Potato & Chorizo Taquito	3 Toaster Pastry Choc. Fudge Flavor
Turkey Ham & Cheese Sandwich and Chef Salads are offered on daily basis	Breakfast is served with 100% fruit juices & variety of fresh fruits Breakfast & Lunch include choice of 1% or skim milk	Hamburger/Cheeseburger <i>mustard, mayo & ketchup</i> Romaine Burger Salad Potato Smiles Mango Fruit Smoothie <i>607 kcal, 20 g Fat</i>	Beef, Bean & Cheese Burrito Homemade Fideo Romaine & Diced Tomato Salad w/ranch dressing Golden Corn <i>724 kcal, 19 g Fat</i>	Clux Delux Chicken Burger <i>mustard, mayo, ketchup</i> Seasoned Potato Wedges Fresh Baby Carrots w/ranch dressing <i>658 kcal, 16 g Fat</i>
6 Asst. Cereal Bowl	7 Mini Pancakes Maple Burst	8 WW Empanada	9 Banana Muffin	10 Biscuit w/Pork Sausage Patty
Tangy Lemon Chicken w/Steamed Rice & Veg. Fortune Cookie Oriental Mixed Vegetables Dill Seasoned Carrots <i>514 kcal, 8 g Fat</i>	Clux Delux Sweet Glazed Chicken Chunks WG Dinner Roll, 1 oz. Garlic Red Potatoes Malibu Vegetables <i>579 kcal, 13 g Fat</i>	Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Strawberry Fruit Smoothie <i>606 kcal, 21 g Fat</i>	Cheese Enchiladas with Meat Sauce Spanish Rice Seasoned Pinto Beans Romaine & Tomato Salad w/ranch dressing <i>690 kcal, 14 g Fat</i>	Pepperoni Pizza <i>parmesan cheese (opt)</i> Steamed Broccoli w/cheese sauce Fresh Baby Carrots w/ranch dressing <i>593 kcal, 18 g Fat</i>
13 Cinnamon Swirl Breakfast Bun	14 Power Up Breakfast Sandwich	15 WW Conchas	16 Beef Tamales	17 Mandarin Orange & Straw. Parfait & Cinn. Gripz Crackers
Beef Fingers w/country gravy Garlic Toast Potato Smiles Mixed Vegetables <i>604 kcal, 19 g Fat</i>	Chicken Tender Strips w/ <i>ketchup or SS Sauce</i> Homemade Mac & Cheese Cinnamon Glazed Carrots Green Peas <i>571 kcal, 16 g Fat</i>	Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Mango Fruit Smoothie <i>566 kcal, 19 g Fat</i>	Turkey w/gravy Cornbread Dressing WG Dinner Roll, 1 oz. Seasoned Green Beans Mashed Potatoes w/gravy Pumpkin Pie <i>778 kcal, 18 g Fat</i>	Turkey Ham & Cheese on Hoagie Bun <i>mustard, mayo</i> Romaine Burger Salad Baby Carrots w/ranch dressing RF Dorito Chips <i>680 kcal, 17 g Fat</i>
20	21	22	23	24
<h2 style="margin: 0;">Thanksgiving Holiday Break</h2> <h3 style="margin: 0;">November 20 - 24, 2017</h3>				
27 Triple Cherry Yogurt & Chewy Granola Bar	28 Kolache	29 WW Spiced Bread	30 Potato & Chorizo Taquito	
Salisbury Steak w/gravy WG Dinner Roll, 1 oz. Mashed Potatoes w/gravy Cinnamon Glazed Carrots <i>530 kcal, 11 g Fat</i>	Breaded Chicken Drumstick Homemade Mac. & Cheese Broccoli & Cauliflower Seasoned Ranch Beans <i>618 kcal, 17 g Fat</i>	Hamburger/Cheeseburger <i>mustard, mayo, ketchup</i> Romaine Burger Salad Oven Baked Tater Tots Mango Fruit Smoothie <i>617 kcal, 22 g Fat</i>	Beef, Bean & Cheese Burrito Homemade Fideo Romaine & Diced Tomato Salad w/ranch dressing Golden Corn <i>751 kcal, 20 g Fat</i>	Menus are subject to change due to product availability

It is the policy of Edinburg C.I.S.D. not to discriminate on the basis of sex, age, handicap, religion, race, color, or national origin in its educational programs.

Es la política del Distrito Escolar de Edinburg el no discriminar por razones con base en genero, edad, religión, raza, color, origen nacional, ni por discapacidad dentro de sus programas educacionales.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:

http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.