BYOD Traffic Light

Use
Approved apps and sites may be used for this task.

ASK
Approved apps and sites may be used with teacher permission

OFF
Device should be face-down on the corner of your desk.
The 7 Habits of Highly Effective People

1. Be proactive
2. Begin with the end in mind
3. Put first things first
4. Think win-win
5. Seek first to understand, and then to be understood
6. Synergize
7. Sharpen the saw

Stephen Covey
(1932-2012) InspirationalBoost.com
Proactive vs. Reactive

- [www.youtube.com/watch?v=daymk2TWu1o](http://www.youtube.com/watch?v=daymk2TWu1o)
Proactive vs. Reactive

- What were the differences between the two boys?
- What were some signs of being Reactive?
- Are we guilty of being Reactive from time to time?
Reactive

• Sometimes things don’t go the way we plan. As a result you might EXPLODE on something or someone.
Proactive

• When we are proactive, we do not let outside forces dictate how we react to certain events.
• We are in control of our own lives and we do not blame the world for our problems.
• We want to be like a water bottle.
Activity #1

• Get in groups of three and write down situations you have experienced when you lost your cool and became reactive.
• Explain what happened. Was this a good way to let go of you feelings?
• How could this event been handled in a proactive way?
Discussion
Activity #2

- Hold a class meeting and discuss issues that have been bothering the students in school or outside of school. (Have a box that students can write out their problems and put it in).
- Teacher will read one of the problems from the box and ask for students input on how to deal with each issue. Stipulate that the students should give proactive examples, ways to deal with each situation.
- You may wish to use a talking stick and give it to the student who is talking so that the others know that when you do not have the stick you are to be listening.
Proactive Language

• I can.
• I’m sorry.
• I choose.
• Let’s look at all the options.
• There’s gotta be a way.
Proactive Behavior

• Remain Calm.
• Focus on solutions.
• Take responsibility.
• Take initiative to make things happen.
• Think before acting.
Be Proactive: Acting It Out

- Students will get into groups of three and act out everyday scenarios. (Scenarios will be provided or can be made up).
- Students will choose to be proactive or reactive in their response.
- Students will display their acting skills in front of the class.
CALM DOWN
Don't sweat the small stuff.
lukeprog.com
We can only control one thing!

- Students will write down on post it notes things they cannot control and things they can control and change.
- Students will place their post it notes on the poster in the front of the class.
Everybody Can Be Super Proactive!!

- Students will be given their own superhero cape!
- On the back of each cape, students will write down positive words or messages that describe the person that is wearing the cape.
- BE CREATIVE!!
THANK YOU!!